

PRE-DEPARTURE TASKS

Immigration and Travel

1. Obtain I-20 Form
2. Pay SEVIS Fee (Print Payment Page)
3. Obtain Passport Photos (Meeting US immigration requirements)
4. Receive Visa in passport from US Embassy
5. Apply for Exit Permit (For NS Guys)

Health and Immunization

<https://www.cmu.edu/health-services/new-students/>

1. Covid-19 Vaccination
 - a. All World Health Organization (WHO) authorized vaccines are accepted
2. Varicella (Chickenpox) Vaccination; one of:
 - a. 2 doses of Chickenpox Vaccine
 - b. Positive Immunoglobulin (IgG) antibody blood test to prove immunity
3. Two Doses of Measles, Mumps and Rubella (MMR) Vaccine
4. Meningitis AYWC Vaccination
5. Tuberculin Screening Form and Testing (within 6 months of enrollment); one of:
 - a. Negative Tuberculin skin test
 - b. Negative Chest X-ray (Cheap)
 - c. Negative IGRA blood test
6. Submit Health History and Immunization Form

Where can I get vaccinated/tested?

First, you should check which vaccines you already have (check your medical records, e.g. health booklet). For the vaccinations you are missing, you can get them at:

- Polyclinics
- Travel clinics (e.g. TTSH, SGH, CGH)
- SATA CommHealth for Chest X-ray

Do call and ask about vaccination/testing availability before heading down! Also keep in mind that those that require multiple doses (e.g. Chickenpox), there's some waiting time between doses (for Chickenpox, it's about 4-6 weeks).